The assessment of work endurance in European countries



Henk-Jan Boersema MD ^{1, 2}, Bert Cornelius MD PhD ^{1, 2}, Wout de Boer MD PhD ³, Jac van der Klink MD PhD ^{1, 2}, Sandra Brouwer PhD ^{1, 2}



¹ Research Center for Insurance Medicine, the Netherlands

² Department of Health Sciences, Community and Occupational Medicine, University Medical Center Groningen, University of Groningen, the Netherlands

³ Swiss Academy of Insurance Medicine, University Hospital Basel, Switzerland

Conflict of Interest Disclosure Form

NAME: H.J.M. Boersema

DISCLOSURE

x I have no potential conflict of interest to report



Agenda

- Introduction
- Aims
- Method
- Results
- Conclusion
- Next step



Introduction



Definition:

Work endurance is the number of hours per day and per week a (disabled) person is able to work.

An insurance physician assesses the amount of reduction of work endurance by ill-health.

An incorrect assessment may lead to over- or underestimation of a persons workability.

There is a discussion on the definition of work endurance and on the lack of a scientific basis for methods to assess it.



Aims

- to explore whether the assessment of work endurance is part of the assessment of work disability in other European countries
- if so, how impaired work endurance is measured
- contribute to an inventory of knowledge about the practice of work disability assessment in European countries



Method

Design:

survey study



Sample:

 35 representatives at the EUMASS council from 19 member states

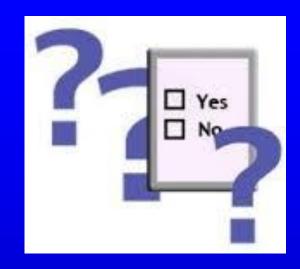
Instrument:

- web based questionnaire (Unipark)
- 14 semi-structured questions
- 9 open ended questions



Method

Survey topics:



- (1) Sample (country, profession, work)
- (2) Work endurance (part of assessment, rules, working hours)
- (3) Accepted causes for restricted work endurance
- (4) Who performs disability assessment
- (5) Methods of work endurance assessment
- (6) Controversy on work endurance assessment



Sample

- 24 respondents (69%) from 16 countries (84%) completed the questionnaire
- 13 insurance physicians (54%)
- 6 medical advisors (25%)
- 5 other (21%)
- 18 (75%) perform disability assessments
- 6 (25%) involved other way



Work endurance

- Is assessment of work endurance part of disability assessment:

Yes: 18 (75.0%) No: 6 (25.0%)

- Formal rules/ guidelines for assessment of work endurance:

Yes: 14 (58.0%) No: 10 (42.0%)

- What is seen as normal working hours per day:

mean: 7.9 (SD 0.2)

range: 7.4 – 8.3

- What is seen as normal working hours per week:

mean: 39.2 (SD 1.7)

range: 35.0 - 42.0



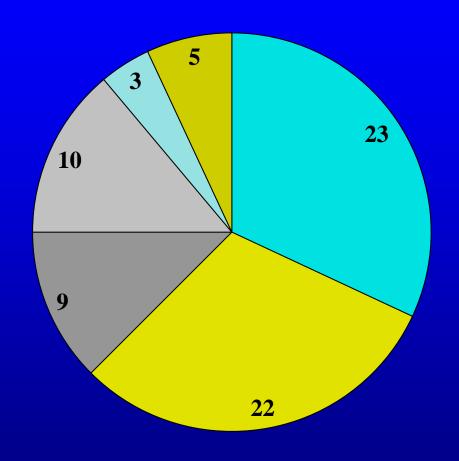
Work endurance assessment per country

Country	Part of disability assessment	Formal rules or guidelines
Belgium	yes	no
Croatia	yes	no
Czech Republic	yes	yes
Finland	no	no
France	yes	yes
Germany	yes	yes
Italy	yes	no
Norway	yes	yes
Poland	no	yes
Romania	yes	yes
Slovakia	yes	yes
Slovenia	yes	yes
Sweden	yes	yes
Switzerland	yes	no
The Netherlands	yes	yes
United Kingdom	no	no



Accepted causes for restricted work endurance

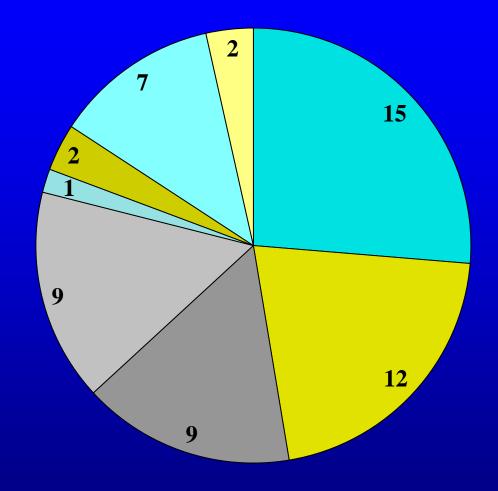
- Physical disorders (n=23)
- Mental disorders (n=22)
- Health complaints (n=9)
- Psychosocial factors (n=10)
- Risk factors (n=3)
- Others (n=5)





Assessment work endurance by

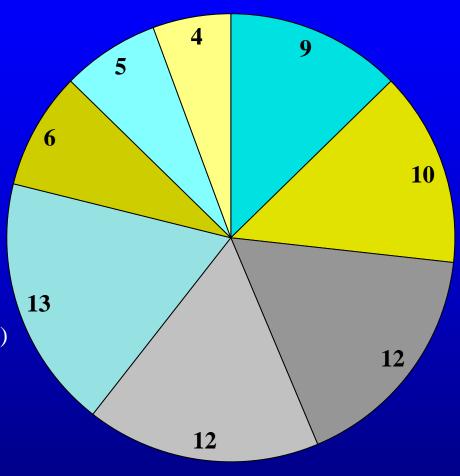
- Insurance Physician (n=15)
- Occupational Physician (n=12)
- General Practitioner (n=9)
- Medical Specialist (n=9)
- Labour Expert (n=1)
- Case Manager (n=2)
- Rehabilitation Specialist (n=7)
- \Box Other (n=2)





Methods of work endurance assessment

- Semi structured interview (n=9)
- Ergometric test (n=10)
- Functional capacity evaluation (n=12)
- Psychological test (n=12)
- Clinical test (n=13)
- Assessment in rehabilitation center (n=6)
- Self-report questionnaire (n=5)
- **■** Other (n=4)





Assessment methods per country

Land	Semi-struct. interview	Ergometric test	FCE	Psychol. test	Clinical test	Assessment Rehabilitat.	Self-report questionnaire	Other
Belgium								
Croatia								
Czech Rp								
Finland								
France								
Germany								
Italy								
Norway								
Poland								
Romania								
Slovakia								
Slovenia								
Sweden								
Switzerl.								
Netherl.								
UK								





Not assessed



Controversy

Controversy on the assessment of work endurance:

Yes: 14 representatives from 10 countries

No: 10 representatives from 6 countries

For example:

- Diverging opinions legitimate reason to be off work
- Nonexistence of formal rules and guidelines
- Too medical
- Controversy between findings and information from patients



Conclusions

- 18 (of 24) representatives from 13 (of 16) countries report assessment of work endurance being part of assessment of work disability.
- In 10 (of 16) countries formal rules and guidelines are used.
- Physical and mental disorders are accepted causes.
- Methods of work endurance assessment differ per country.
- In more then half of the countries a controversy is reported.

Next step

Selected representatives will be contacted by telephone for more in-depth interviewing on work endurance

- definition
- assessment methods
- controversy





Thank you for your attention

Any questions or remarks?

Henk-Jan Boersema

h.j.m.boersema@umcg.nl

