

## **Test of physical capacity in work capacity evaluations.**

Physiotherapists at Occupational Health Service Centre (OHS), Health & Workinglife. (H&A), Region Västra Götaland (VGR) had the opportunity to evaluate a new test instrument for testing physical capacity. The new test instrument, Extended Examination of Physical Capacity is developed by Ph.D. Therese Ljungquist.

Physiotherapists at this center has extensive experience of using the test instrument Profile of Physical Ability (TIPPA) within the frame of a team-based evaluation of work capacity.

This poster describes some differences between the two methods. Evaluation of the new test instrument. How physiotherapist experienced the feasibility of the new test instrument to assess physical ability. A computer-based tool as help when performing the new test was developed.

A physiotherapist at OHS performed the new test instrument including twelve objects, seven patients and five co-workers at the OHS.

The conclusions is that the new instrument more specifically describes limitations and abilities than TIPPA does, the results is reliably to patient's own perception of their physical abilities and that TIPPA provides more information about patient's behaviour and awareness of their abilities.

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