

Pragmatic targeted Prevention Program for independant workers

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Régime Social des Indépendants (RSI)

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Summary

- 1) Independent workers's social security organisation RSI: general presentation**
- 2) Independent workers's Professional Hazards : context and aims**
- 3) RSI Prévention Pro – general presentation**
- 4) RSI Prévention Pro – national implementation**
- 5) RSI Prévention Pro : program 2013**

1) RSI: general presentation

words and numbers about RSI (2011)

Health care coverage for
artisans, traders and liberal
professions

Retiree coverage for
artisans and traders

5.4 million
people with
assigns

- 4,1 million recipients disease (2/3 insured, 1/3 assigns)
- 41,2% traders, 36% artisans and 22,8% liberal professions
- 59% men and 41% women
- average age: 43,7

Absenteeism

- En 2011, 6% of independent workers had a sick leave spell, versus 20% of salaried workers

1 national and 30 regional organisms

(2 for the liberal professions)



2) Independent workers's Professional Hazards : context and aims

CONTEXT

- Professional hazards's prevention is one of the priorities of the **Convention d'Objectifs et de Gestion (COG) 2012 – 2015** signed between RSI and state
- **French independent workers don't have occupational health care and they have coverage for accident and professional disease, no sick pay or disability benefits.**
- Yet, risks are the same as with salaried workers and the risks can harm the business



Implementation of a pragmatic targeted prevention program « RSI Prevention Pro »



Aims

- 1°/ **to develop a prevention process with medical monitoring and improvement of working conditions**
- 2°/ **to strengthen partnerships with professional hazards's main actors**
- 3°/ **to improve knowledge about independent workers's work health**

3) RSI Prévention Pro – general presentation : aims (1/4)

Main aim

independent workers understand their professional risk and receive a voucher for a free doctor consultation



Operational aims

- Inform and sensitive independent workers about their professional risk
- Give pragmatic prevention advice for each business
- Help independ workers for risk self-evaluation and awareness
- Propose a free professional prevention consultation by GP

3) RSI Prévention Pro – general presentation : GP's prevention consultation (2/4)

Aim of the consultation

- Compare professional risk and potential health problems
- Inform and make independent workers aware
- Perform a clinical examination
- Propose possibly complementary investigation, specialized consultation or medication



Characteristics of the consultation

- Main role for the GP
- They aren't occupational doctors and they can't assess the fitness or unfitness
- It's a free consultation, payed 2,5 C directly by RSI to GP

3) RSI Prévention Pro –general presentation : information flyers for independent workers anf for GP (3/4)

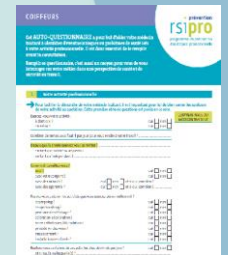
• **A brochure** called « *simple attitudes to protect you* » for each profession and main risks, with :

- ✓ Details and exposition conditions
- ✓ Potential health consequences
- ✓ Prevention measures and recommendations



A self-evaluation quiz to :

- ✓ Self-measure the risk exposition
- ✓ Help the GP's consultation

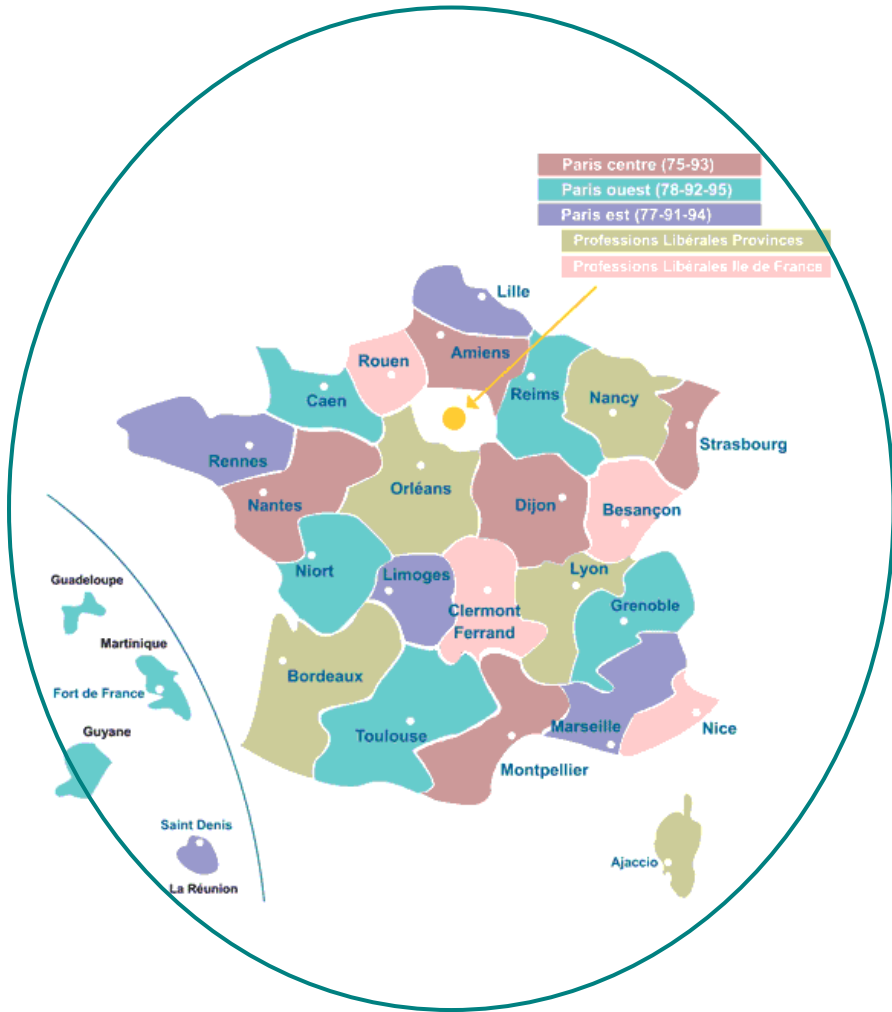


• **A datasheet** : synthetic medium to guide the GP

PROFESION	MÉTIER	RISQUES	MÉTIERS LIÉS
Médecin traitant	Médecin traitant	Travail sédentaire	Travail sédentaire
		Travail de nuit	Travail de nuit
		Travail en horaires décalés	Travail en horaires décalés
		Travail sous pression	Travail sous pression
Médecin traitant	Médecin traitant	Travail en équipe	Travail en équipe
		Travail en équipe	Travail en équipe
Médecin traitant	Médecin traitant	Travail en équipe	Travail en équipe
		Travail en équipe	Travail en équipe
Médecin traitant	Médecin traitant	Travail en équipe	Travail en équipe
		Travail en équipe	Travail en équipe

• **A record return**: filled by GP, to recap the potential diseases

3) RSI Prévention Pro – general presentation : a testing program before implementation (4/4)



2010 – 2011 : first test

- 2 pilot countries : Pays de la Loire and Picardie
- 2 targeted occupations : bakers and hairdressers
- turnout : 11, 2%
- evaluation
 - 71% of GP said the program answers a real need
 - 83% of insured are interesting
 - 80% of people had a unknow disease

2011 - 2012: second test

- 6 pilot countries: *Bretagne, Pays de la Loire, Haute Normandie, Ile de France, Picardie, Provence Alpes et Midi Pyrénées.*
- 6 targeted occupations: *laundry operators, taxi drivers, garages, itinerant merchants, plumbers heating*

2012: 1^{er} national implementation

RSI Prévention Pro

4) RSI Prévention Pro – national implementation : encouraging results (1/4)

- **3 targeted occupations in 2012** (hairdressers, laundry operators and taxi drivers)
- **65 500 invitations**
- About **7 700 entrants**
- National turnout: **11,7%**
- Mini turnout : **5,1%**
- Maxi turnout : **17,7%**
- Important partnerships with professional organisations
- A lot of local initiatives to promote the program

RSI Prévention Pro « hairdressers »

- National turnout=> **13 %**
- Mini turnout : 8,1%
- Maxi turnout : 21%

RSI Prévention Pro « laundry operators »

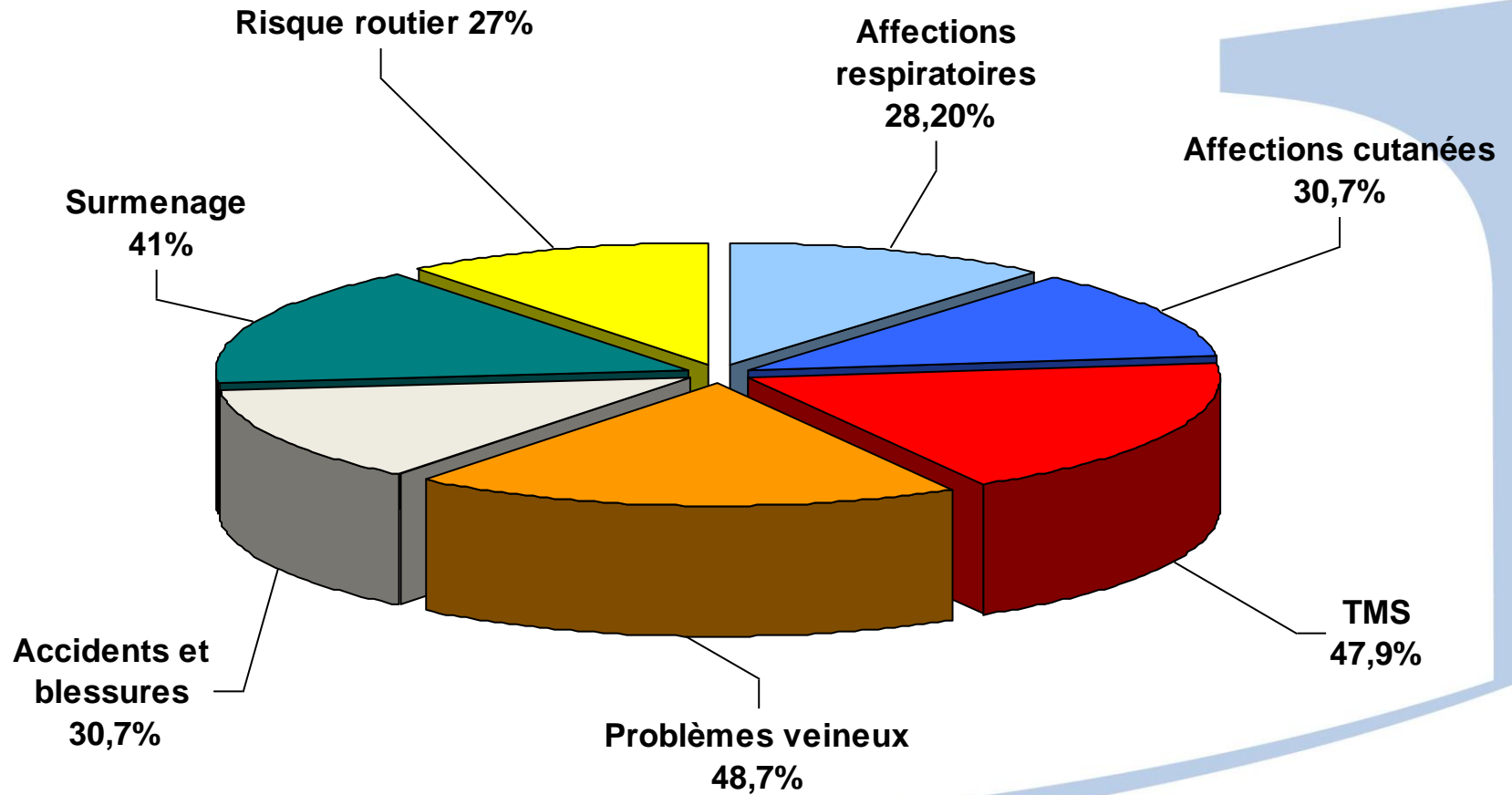
- National turnout => **10 %**
- Mini turnout : 2,7%
- Maxi turnout : 25,4%

RSI Prévention Pro « taxi drivers »

- National turnout => **9,6 %**
- Mini turnout : 2,6 %
- Maxi turnout : 15,1 %

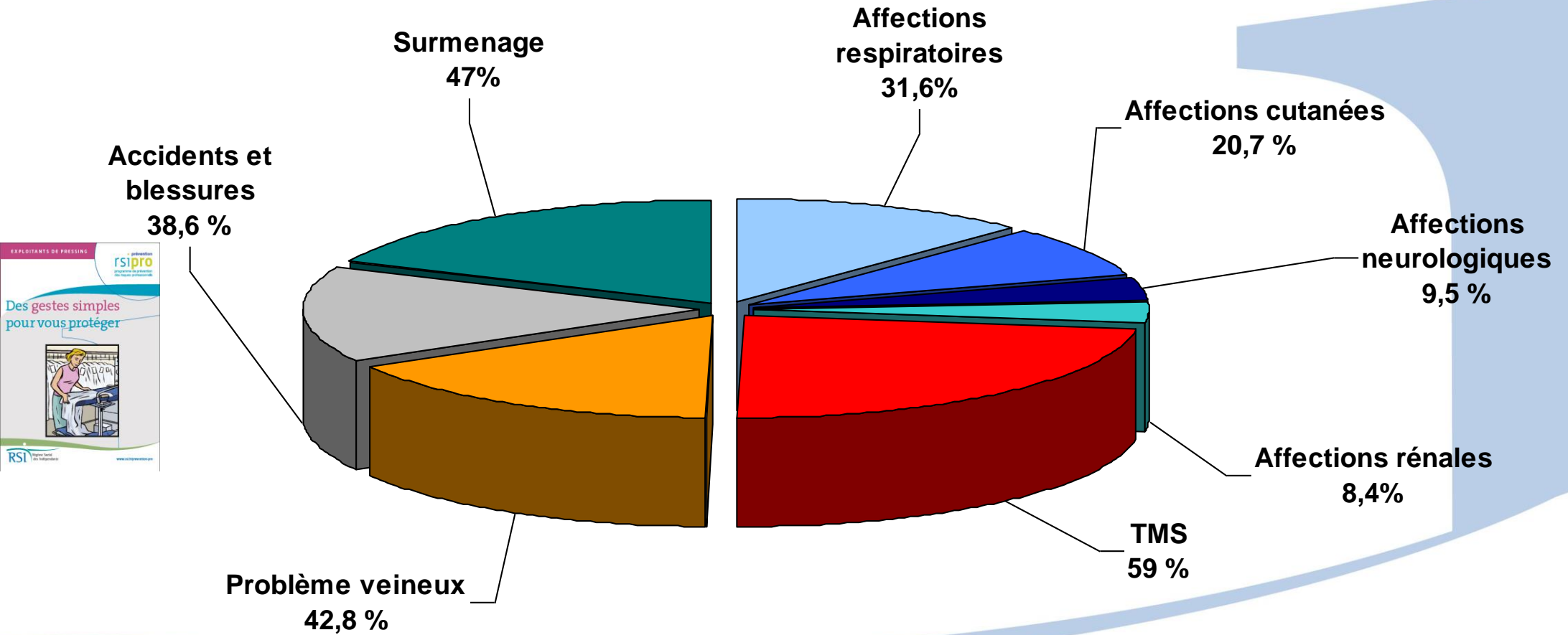
4) RSI Prévention Pro – national implementation : interesting medical news (2/4)

Distribution of diseases linked with hairdresser's occupation and diagnosed with « RSI Prévention Pro »



4) RSI Prévention Pro – national implementation : interesting medical news (3/4)

Distribution of diseases linked with laundry operator's occupation and diagnosed with « RSI Prévention Pro »



4) RSI Prévention Pro – national implementation : interesting medical news(4/4)

Distribution of diseases linked with taxi driver's occupation and diagnosed with « RSI Prévention Pro »

Risque routier
(accidents de la
circulation)
53,5%

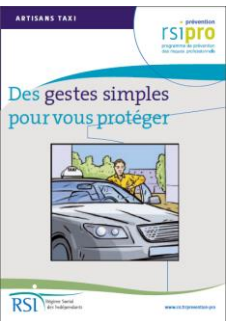
Risques
psychosociaux (stress,
burn out, agressions)
25,80%

TMS (lombalgies,
tendinites...)
51%

Alimentation et
hygiène de vie
(cholestérol, diabète,
risque cardio vasculaire)
41,5%

Risques biologiques
et chimiques
(infections ORL ou
respiratoires, irritations
des muqueuses...)

17%
12



5) RSI Prévention Pro : a new program in 2013

- **3 news profession** : garages, bakers and veterinary surgeons
- **79 000 entrants**
- Important partnerships with professional organisations
- A lot of promotion and communication projects
- **Initiatives to improve the turnout**

RSI Prévention Pro « garages »

- Beginning in may 2013
- 41 000 invitations

RSI Prévention Pro « bakers »

- Beginning in september 2013
- 28 000 invitations

RSI Prévention Pro « veterinary surgeons »

- Beginning in november 2013
- 10 000 invitations

