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Increased employment rate after multimodal rehabilitation, in patients with no prior sick leave?

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Objectives: The National Rehabilitation program in Sweden- follow up

- Main aim: promote work ability
- Directed to patients with mild to moderate mental illness and patients with musculoskeletal pain (MSP)
- Multimodal rehabilitation (MMR) to MSP-patients
- A cohort with 406 patients
- Follow-ups on health-related quality of life (HRQoL), work ability, employment rate and sick leave





Results and conclusions

Focusing individuals with no prior sick leave and/or disability pension the year before MMR:

- Less individuals reported Work Ability as impaired after MMR
- More individuals reported to be employed after MMR
- Mean HRQoL was higher at completed MMR

