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▶ This is not a study

▶ A description of how we work

IF YOU ONLY DO ASSESSMENTS,
DO YOU THINK YOUR WORK IS
TOO MONOTONOUS?



DO YOU HAVE TOO LITTLE
VARIETY WITH JUST ONE TYPE
OF ASSESSMENT?

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"HOW CAN WE BENEFIT FROM DIFFERENT TYPES OF ASSESSMENTS ?"

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- ▶ Many of us do Work Capacity Assessments (WCAs) for our nation's Social Insurance Agency.
- ▶ In Sweden we don't assess work, only functional- and activity capacity, our Social Insurance Agency assess work capacity
- ▶ This is the most common way of doing assessments in Sweden.
- ▶ Only performing WCAs can be one-sided as a full-time job and drain your energy, narrowing your thought, and possibly lowering quality of assessments.
- ▶ In Västra Götaland region, two assessment units also perform other assessments.

We do assessments for:

- ▶ **Försäkringskassan (Social Insurance Agency (SIA) in Sweden)**
- ▶ **Primary care**
- ▶ **The occupational health care (Hälsan och Arbetslivet) in the region (Västra Götaland).**

TYPES OF ASSESSMENTS

- **AFU** - Social insurance agency (SIA), partly or fully team-based. Highly structured and standardized to give a broad activity-based status as a basis for further handling by SIA.
 - Enforced
 - The person's sickness benefit can be revoked
- **FHV** – Occupational health care, fully team-based. To assess the employee's ability to perform at the current work or what capacity he/she has in other assignments.
 - Enforced
 - Employment can be terminated

TYPES OF ASSESSMENTS

- VB - Primary care, fully team-based. Aims to provide a basis for further rehabilitation, better diagnosis, adaptation to current work etc.
 - Voluntary
 - Can lead to better diagnosis and treatment
- IFU – Primary care, fully team-based. Aims to investigate intellectual disabilities to provide a basis for adaptation to work-life
 - Voluntary
 - Can lead to a diagnosis that can benefit the person (can get more help from the community)

REASONS FOR MORE VARIETY OF ASSESSMENTS

- To meet individuals in different situations and motivational contexts (both enforced and voluntary).
- Increase our ability to understand the variety of influencing factors of work capacity.
- As an assessor you become more conscious and focused on the specific aim and goal of the assessment.
- In some assessments you get the opportunity to make more use of your clinical experience, e.g in suggesting further assessment, rehabilitation, diagnoses, and treatment.
- The work becomes more varied which enriches the work.

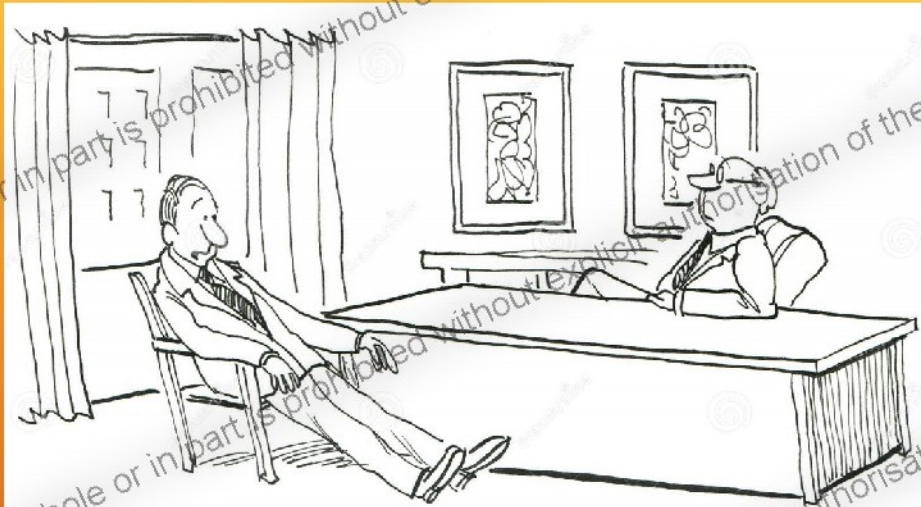
ARE THERE ANY DISADVANTAGES?

- ▶ It might be confusing to have different aims and roles in the different types of assessments.

CONCLUSION

- ▶ We believe that the variety we experience in the different assessment types can give synergetic effects to the way we accomplish our work and contribute to a more openminded thinking, and maybe

HAVING MORE "FUN" AT WORK!



**"I guess I'm just worn out by the constant fun,
the office parties ... oh, and the work load."**

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↑
Where we work

THANK YOU!

Vinga outside
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